



Name: \_\_\_\_\_

Date: \_\_\_\_\_

Email: \_\_\_\_\_

Phone: \_\_\_\_\_

DOB: \_\_\_\_\_

## CLIENT QUESTIONNAIRE

Why are you here?

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What symptoms are you experiencing now?

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How long have you had these symptoms?

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Is there anything I should know?

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Please circle Yes / No where applicable

Pain & Stress Status

Are you currently in pain? Yes / No

Are you currently suffering stress? Yes / No

Are you taking medication? Yes / No

Do you want to achieve pain or stress freedom? Yes / No

Are you prepared to make changes in your life to be pain and stress free? Yes / No

# CLIENT QUESTIONNAIRE

**Please tick the relevant symptoms you experience**

Neck Pain \_\_\_\_ Numbness in Fingers \_\_\_\_ Nervousness \_\_\_\_ Stiff Neck \_\_\_\_  
Shoulder Pain \_\_\_\_ Tension & Irritability \_\_\_\_ Headaches \_\_\_\_  
Cold Feet / Hands \_\_\_\_ Fatigue / Sleeping problems \_\_\_\_ Dizziness \_\_\_\_  
Loss of smell / Taste \_\_\_\_ Depression \_\_\_\_ Fainting \_\_\_\_ Cold / Flu \_\_\_\_  
Chronic Fatigue \_\_\_\_ Ears Ring \_\_\_\_ Allergies \_\_\_\_ Pins & Needles / Legs \_\_\_\_  
Balance Loss \_\_\_\_ Pain in Mid-spine \_\_\_\_ Shortness of Breath \_\_\_\_ Numb Toes \_\_\_\_  
Cold Sweat \_\_\_\_ Weight Problems \_\_\_\_ Chest pain \_\_\_\_  
Hearing problems \_\_\_\_ Stomach / Digestive Problems \_\_\_\_ Fever \_\_\_\_  
Lights bother eyes \_\_\_\_ Constipation / Diarrhea \_\_\_\_ Loss of Memory \_\_\_\_  
Menstrual Pain \_\_\_\_ Pins & Needles in Arms \_\_\_\_ Migraines \_\_\_\_ Stress \_\_\_\_  
Difficulty Breathing \_\_\_\_ Thyroid Issues \_\_\_\_ Not Sleeping \_\_\_\_ Lower Back Pain \_\_\_\_  
Sciatica \_\_\_\_ Fibromyalgia \_\_\_\_ Knee Pain \_\_\_\_ Other \_\_\_\_\_

By signing this form, I agree and consent to the Spinal Flow Wellness healing work.

I understand that with any healing process and work on my body, my symptoms may worsen before they get better.

I understand Spinal Flow Therapy is designed to assist the body with healing by helping to remove Physical, Chemical and Emotional stressors from my body. I understand that healing takes time and there is no quick or immediate fix to my ailment, pain or stressors, and overall health & wellness is achieved over a period of time.

I have freely decided to undergo the recommended treatment and hereby give my full consent to the Spinal Flow Wellness therapist to perform treatment on me.

Client Name \_\_\_\_\_

Signature of Client \_\_\_\_\_ Date: \_\_\_\_\_